

Welcome to the Ashburn Farm Barracudas Swim Team!

We're thrilled to have you on our team! We know the process can be overwhelming, and we're here to assist you with any questions. Please feel free to reach out!

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1. Registration

- **Returning Swimmers:** Priority registration for families in good standing from the previous season. Registration instructions will be emailed.
- **Ashburn Farm Residents:** Early registration before non-residents.
- **Non-Residents:** Registration opens on a designated date, space permitting. Late registrants will be removed from the team and charged a \$25 admin fee.
Visit the [team registration page](#) for dates and instructions.
Note: Only Barracudas events grant pool access. Non-team pool use requires a valid pool pass.

2. Registration Fees

The [registration page has fees](#). For partial refunds minus a \$25 fee, refund requests can be made by May 31, 2025. After this date, no refunds are available.

3. Eligibility/Evaluation

Swimmers must be 5-18 years old by June 15. They must swim 25m of freestyle or backstroke without assistance and float or tread water for one minute. All new swimmers must pass an evaluation to join.

4. Practice/Meet Attendance

Swimmers are grouped by age as of June 15. Attendance at two weekly practices is expected unless otherwise discussed and cleared with the coaching staff. Absences due to vacations or illness should be communicated to the coaches.

Attendance Requirements:

- **Age Groups:** As of June 15, swimmers are assigned to practice groups based on age, which determines both practice and meet groupings.
- **Practice Commitment:** Swimmers must attend their designated practice session. We expect swimmers to attend at least two practices per week to help coaches assess their skills. Practice attendance is a factor in A-meet selection. Exceptions are made for family vacations, camps, and illness, but coaches must be notified beforehand.
- **"Swimming Up":** Based on the coach's recommendation, younger swimmers may be asked to practice with older groups or compete in older age groups at A-meets. Families will be notified in advance.
- **Younger Swimmers:** Due to limited attention from coaches, older swimmers cannot attend younger practice sessions. If older swimmers attend camps in the morning, coaches can provide a set of practice exercises for them to complete on their own time.
- **Special Needs:** We welcome swimmers of all abilities. Parents of children with special needs should remain available to support their child and communicate with coaches to ensure accommodations are made.

5. Time Trial Meets

Swimmers must complete a time trial to be eligible for the first A-meet. Exceptions may be made with prior approval from the Head Coach.

6. Volunteer Requirements

Volunteer participation is mandatory. Families must sign up for:

- 1 Time Trial meet
- 1 Setup/cleanup of a meet
- 1 Social event
- 4 Meet volunteer jobs

Complete your registration and volunteer sign-ups within 72 hours to avoid cancellation and a \$25 fee. You can sign up on the [Events Page](#).

To sign up from the Events Page of the website:

Click the Job Signup button associated with a specific event to see all available positions. (Note: This is per family account, not per swimmer, so you only need three initial jobs, broken out as indicated above, for your registration to be complete.)

****If your child is selected to swim in any Saturday meets (aka A-Meets), and/or Divisional and All Stars, you will be expected to work those additional meets.**

****If you do not fulfill your volunteer obligations during the season, your swimmer(s) cannot compete in an upcoming meet. Repeat violations will result in removing your child(ren) from the swim team for the remainder of the season without a refund. They could impact your ability to register the following season.**

7. Pool Rules

Follow all HOA pool rules, including acceptable attire and safety guidelines. Visit [HOA pool rules](#) for details.

8. Clean Up

Parents and swimmers must assist with pool deck cleanup after practices and events. Personal belongings should be collected, and any trash should be picked up. Personal articles left behind will be collected in the Summerwood lost and found, not by swim team personnel.

9. Behavior

All participants must exhibit sportsmanlike conduct. Disrespectful behavior may result in removal from the team without a refund. The swim team committee members reserve the right to ask a parent, spectator, or other attendee exhibiting unsportsmanlike or inappropriate behavior to leave the pool property or an event.

Respect for coaches, swimmers, and committee members must always be displayed. The swim team coaches and team committee members retain all rights to make decisions as needed, in their sole and absolute discretion, with or without prior notice, to ensure the safety and the successful operation of the Ashburn Farm Barracudas Swim Team

10. Special Needs

We welcome all swimmers capable of completing the evaluation. Parents of children with special needs should remain available and communicate with coaches for necessary accommodations.

11. Parent Involvement

Parents may not interfere with coaching during practices or a meet. Please refrain from approaching coaches during these times. Likewise, you may not approach or communicate with

any official during a meeting. If you have any questions, please bring them to the attention of our team rep.

12. Non-practicing Swimmers

Non-registered swimmers and siblings cannot be in the pool during team events. Swimmers must leave the pool area once their practice is complete' **non-registered siblings and other persons are not allowed in the pool at all (including the kiddie pool) during Barracudas events.****

13. Coach Communication

Please do not interrupt coaches during practices or meets. For concerns, contact the Head Coach at coaches@ashburnfarmbarracudas.org, or email the team president/vice president at officers@ashburnfarmbarracudas.org.

14. Barracudas Social Events

Swim team social events are for registered swimmers only unless specified otherwise.

15. Pets

Pets are not allowed on the pool deck, as per HOA rules.

16. Junior Coaches

Registered junior coaches (under 18) are allowed to swim at all meets.

We look forward to a great season! Feel free to contact us with any questions.